

Commission on Aging

November

17,2022, at 9:30 a.m.

Virtually Via Zoom

COA Board Members : Wayne Berman, Neal Brown, Virginia Cain, Elizabeth (Betsy) Carrier, Jean Dinwiddie, Joyce Dubow ,David Engel, Nkiru J. Ezeani, Mona Y. Grieser , Morris Klein, Robert Levy, Kendell Matthews, Nanine Meiklejohn, Yvette Monroe, Sibó Ncube, Karon Phillips, Helen (Laurie) Pross, Richard Ricciardi, Edgar Rivas, Beverly Rollins, Barbara Selter, Kate Smith, Mary Sweeney, Marsha Weber, Arthur Williams, Ryan Wilson ,Janice Zalen, Rev. Dr. Ruby Moon **Absent:** Dr. Arunima Ghosh, Tho Tran, **Alumni:** Austin Heyman, Noelle Heyman **Liaison:** Tara Clemmons Johnson, Leg. Analyst, MC Council , Monique Gardner, African American Health Program **Staff:** Odile Brunetto , ED.D Aging and Disability Services , Shawn Brennan, Department of Health and Human Services, Transportation and Mobility and CoA, Tremayne Jones, Office Services Coordinator , A&D, HHS, Marcia Pruzan, Age Friendly, Coordinator **Guests:** Margo Quinlan, Director, Youth &Older Adult, Mental Association of Maryland and Josi Makon, Older Adults Behavioral Health Coordinator, Services & Recovery Supports Team, Local Behavioral Health Authority(LBHA), Montgomery Health and Human Services

Welcome- Barbara Selter, Chair	Action items Responsible Party
<ul style="list-style-type: none">• Roll Call/ Attendee -Eddie Rivas, Vice Chair• Introduction of New Commissioners<ul style="list-style-type: none">○ The chair welcomed Commissioners and guests. <p>Area Agencies on Aging updates- Odile Brunetto, Ed. ,Chief Aging and Disability Services Executive Liaison</p> <ul style="list-style-type: none">• The county is providing support to victims of the condominium explosion in Gaithersburg. The county is working with the Red Cross, churches, and other groups to provide support to the families.• AARP Funds were approved on Tuesday, now we're waiting for signatures from the procurement office. The focus now is to appoint contractors and hire employees.• Personnel-Tracy Anderson has been appointed the new Director of Human Resources, coming from the Department of Recreation. New Public Health Officer Dr. Kisha Davis will start working on December 15. Joshua Waters is the New Deputy of Management and Budget in DHHS. Dr. Crowel will be leaving his position as Director of DHHS. HHS has 370 vacant positions including ombudsman, nurse positions, county resource coordinators, part-time Age Friendly manager etc.• Reminder: County Executive Budget forum is in person at Leisure World or join online November the 28th• Dr. Brunetto thanked the COA for all the efforts in support of Nursing Home inspections.	

<p><u>Liaison Reports</u></p> <ul style="list-style-type: none"> • <u>Marcia Pruzan- Age Friendly</u>-They now have a logo for Age Friendly. The progress reports on the ten work are waiting signature. By the County Executive. The Regional Ecosystem Summit on November 9,2022 was a great success. • <u>Kendell</u>: The Recreation Department is circulating a survey about its partnerships. Board meetings frequently lack a quorum. 	
<p><u>Margo Quinlan, Director, Youth &Older Adult, Mental Association of Maryland and Josi Makon, Older Adults Behavioral Health Coordinator, Services & Recovery Supports Team, Local Behavioral Health Authority(LBHA), Montgomery Health and Human Services</u></p> <p>Presenter- Josi Makon- LBHA is a program for the planning management and monitoring of public behavioral health services for children, adults and older adults living with behavioral health needs. This includes developing and managing a full range of treatment and rehabilitation services including services for individuals with co-occurring mental illness and substance use disorders, individuals who are homeless and individuals who have been incarcerated.</p> <p>She has focused on behavioral health concerns and for older adults. There is a lack of resources to support the older adult population across the system. Maryland has a pilot program in Baltimore County to work with providers to look at the medical and emotional needs.</p> <p>Maryland has implemented the 988 mental health Hotline.</p> <p>Ms. Makon suggested that perhaps COA can advocate for older adult with behavioral health issues who are uninsured.</p> <p>Presenter- Margo Quinlan-Youth & Older Adult, Mental Health Association of Maryland. MHA is a state-wide organization for mental health. Older Adults Vibrant Minds program brings important education to the community and professional networks regarding late life health. <i>Mental Health in Later Life Guidebook</i> is free upon request.</p> <p>Connection project: Peer to peer support providing telephone chat to older adults. Ms. Quinlan stated a few goals of MHAMD</p> <ul style="list-style-type: none"> • Maryland become an Age Friendly Community state-wide • Mental Health Advance Directives planning documents, toolkits • SAMHSA app and Crisis Plan app • Misuse of anti-psychotic medications in residential care settings, better data collection and budget 	

<p>language to require more thorough reporting on usage of medications.</p> <ul style="list-style-type: none"> • Preadmission screening and resident review programs to reduce over reliance on placement needs. • Support broader behavioral health system reform efforts for older adults. <p>Commissioners asked several questions of Ms. Quinlan which she answered.</p>	
<p><u>Commission on Aging Old Business</u></p> <ul style="list-style-type: none"> • Approval of October minutes-motion by Laurie seconded by Marsha. Motion approved. • <u>Chair’s Report</u> <ul style="list-style-type: none"> ○ The Chair thanked the commissioners for the work and effort put into the budget priorities. ○ Update on December 8th 9:00 am Legislative Breakfast Agenda beginning at 9:00 am on Zoom-Morris – the agenda is in place, invitations sent, and package prepared (Annual Report, Public Forum Summary, Briefing Book,). Have had 7- 10 delegates to respond that they will attend. The committee would like Commissioners to call your delegates and request their attendance at this meeting. Check with Tremayne about delegate attendance. ○ Update on Holiday Luncheon and Community for a Lifetime Award Program-Shawn ,Eddie and Wayne ○ COA meeting In-Person at the Wheaton Center at beginning 10:30 am in the Art Room. Holiday Luncheon will follow the meeting. Shawn or Tremayne will put out an email with luncheon details. ○ We have a nomination for JCA’s Transportation program; will present the award at the December 15 COA meeting. • Update on Officer Nominating Committee-Wayne <ul style="list-style-type: none"> ○ The committee has identified officers for some positions but still in the process of filling the Chair position. Exploring the idea of splitting the duties of the chair. • Planning for Post- Election Briefing package /Welcome Letter, for new County Council members and Governor – Morris <ul style="list-style-type: none"> ○ If you would like to work on this project, contact Barbara or Morris. 	<p>Legislative Breakfast December 8 at 9:00 am on zoom, EC meeting following the event .</p> <p>COA meeting In- Person Wheaton Center at 10:30 am With senior nutrition lunch post meeting, Tremayne will email menu choices</p> <p>December meeting with the County Council.</p>

<ul style="list-style-type: none"> ○ Joyce suggested that the new COA officers meet with the new County Council to begin a working together relationship. 	
<ul style="list-style-type: none"> ● Committee Reports ● Aging in Community (AIC) Mary, Wayne <ul style="list-style-type: none"> ○ 2nd Tuesday of the month at 9:30 am ○ Focus for the November meeting was Affordable Housing -speaker : Summer Cross. The county has land for affordable housing project but must pass code, and maintenance review and Memorandum of Understanding. There are 18 plots for affordable senior housing; currently the construction cost is a little high. There are five new projects and four upcoming projects for senior housing. Other housing services are weatherization, home sharing, Design for Life and Rebuilding Together with Habitat for America. ○ AIC will lead the Public Forum this year. The date is May 4, 2023, topic will be “Using Technology To Promote Aging in Place.” They have a small working group and are working on an agenda and speaker and venue. ● Health and Wellness (H&W)- Marsha, Neal at 9:30 am <ul style="list-style-type: none"> ○ 1st Tuesday of the month ○ Preparing fact sheet for “Life Transitions as We Age.” Subgroups are working on the topic. ○ So much rich information, difficult to identify the most important topics. ● Public Policy (PP) Ryan, Morris <ul style="list-style-type: none"> ○ 2nd Thursday of the month at 9:30 am ○ Legislative Breakfast, December 8, 9:00am on Zoom ○ Letter to new elected and other county council members and Governor Elected Wes Moore to request a meeting with COA. ○ It was suggested that the committee contact Councilman Evan Glass and have him invite the county council to the COA training session. ● Communication (CC) Jean, Beverly <ul style="list-style-type: none"> ○ 3rd Monday of the month 1:00- 2:30 pm ○ December 50+: Mental Health and the Holidays ○ January: County Executive and County Council ○ APPR funds should include an Outreach position which should help to get information out to the community. 	
<p>New Business</p>	

<ul style="list-style-type: none">• Shawn -Senior Summit will be discussed during Age Friendly meeting December 15 at 3:00 Will talk about creating a model, what success looks like and how the COA should be involved.	
Adjourn: 11:29 pm Motion to adjourn approved by acclamation.	